

România

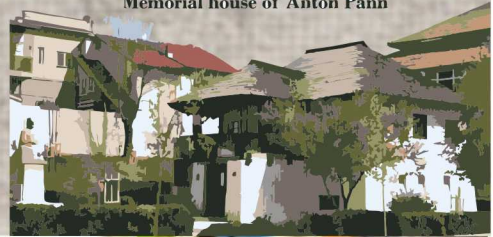
Bulletin 1/2

Coupe des Pays

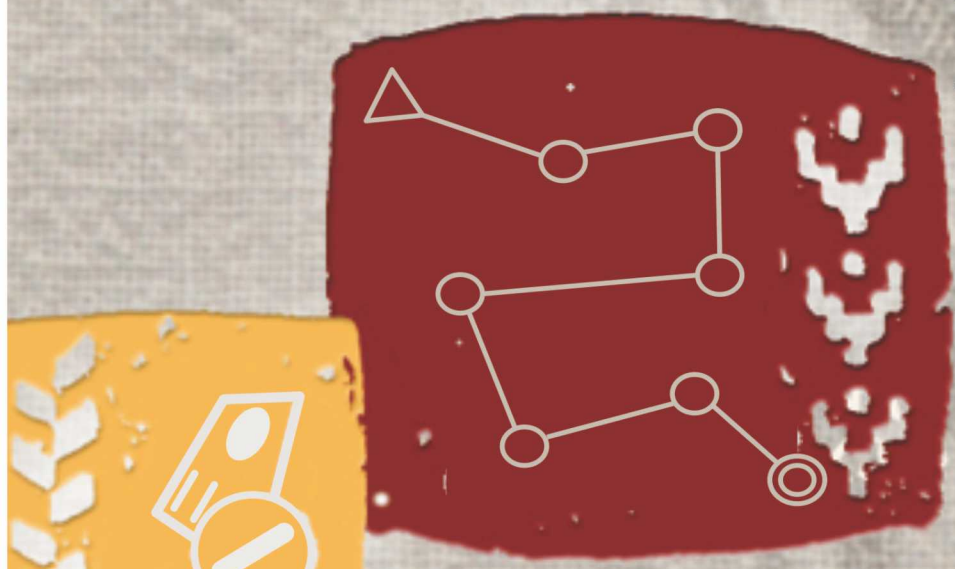
Latins

04-07.09.2013

Memorial house of Anton Pann



Horezu Ceramics - UNESCO Heritage



**ROMANIAN ORIENTEERING FEDERATION
IN CO-OPERATION WITH THE MUNICIPALITY
OF RÂMNICU-VÂLCEA INVITE YOU TO
19^{-eme} Coupe des Pays Latins**



Dear Orienteering Friends,

The local government of the city of Râmnicu Vâlcea has and is constantly engaged and involved in supporting all competitive events and local sports movements – whether amateur or professional, junior or senior. We are making this step with confidence, that on the one hand, the harmonious development of each citizen cannot be done in the absence of movement, on the other hand, that sport is the best ambassador of a community and also, is the most representative business card that we can show the world.



We are honored that this year's edition of the Southeast European Championships for Cadets, Youth, Juniors, Seniors and Masters, The Latin Countries Cup and National Orienteering Championships are held in Râmnicu Vâlcea, Vâlcea county, and we see this as a recognition of the value that romanian orienteers have - a sport discipline with a long tradition in our country and also an appreciation of the beauty of these places.

We are pleased that for several days you will be our guests and we hope that after this competition you will remain with beautiful memories from Râmnicu Vâlcea and Vâlcea county.

I wish much success to all the participants at these meetings and I wish you to find always the way, both in sports competitions to come, as well as in his personal life.

Emilian Frâncu,
Mayor of Râmnicu Vâlcea

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INTERNATIONAL ORIENTEERING FEDERATION



ORGANIZERS



Federația Română de Orienteare

Romanian Orienteering Federation
in co-operation with the
Municipality of Râmnicu Vâlcea.



RÂMNICU VÂLCEA
PRIMĂRIA MUNICIPIULUI



MINISTERUL
TINERETULUI ȘI SPORTULUI

PARTNERS

Ministry of Youth and Sport
Vâlcea County Council

County Youth and Sports Vâlcea
Municipality of Horezu

Sport Club EcoSport Râmnicu Vâlcea
Children's Palace Râmnicu Vâlcea

Mountain Rescue Vâlcea County Public Service



Consiliul Județean
Vâlcea



Primăria Horezu



ORGANISING COMMITTEE

Horezu Ceramios - UNESCO Heritage

President:

Constantin Alexandrescu

Technical Director:

Dionisie Rosca

Secretary:

Anca Stupu

National Controller:

Gheorghe Dinu

IOF EVENT ADVISER

Todor Pedev - Bulgaria

I. PRELIMINARY EVENT PROGRAMME

4th September, Wednesday

Arrival, registration – Event Center

UNTIL 19:00 – Arrival, registration

14:00 – 19:00 Model event

20:00 – Team leaders meeting, Event Center

5th September, Thursday, WRE

UNTIL 12:00 – Arrival, registration

16:00 – Sprint

19:00 – Official Opening and Prize giving ceremony Sprint

21:00 – Team leaders meeting, Event Center

6th September, Friday, WRE

12:30 – Long Distance

18:00 – Prize giving-ceremony Long Distance, Event Center

19:00 – Team leaders meeting, Event Center

7th September, Saturday, WRE

12:00 – Middle Distance

14:30 – Prize giving-ceremony Middle Distance, Event Center

II. CLASSES

According to Coupes des Pays Latins Rules:

Individual events: Men: Senior, Junior, Cadet;

Women: Senior, Junior, Cadet

III. ENTRIES

Team representatives must fill out the Preliminary entry form and send it to e-mail: seeoc2013rof@gmail.com until 01st June 2013.

Final entry form must be sent until 15th August 2013 to e-mail: seeoc2013rof@gmail.com.

IV. PARTICIPATION

According to the Coupe des Pays Latins Rules !

In the individual events a Federation may enter a maximum one runner in each class.

V. PUNCHING SYSTEM

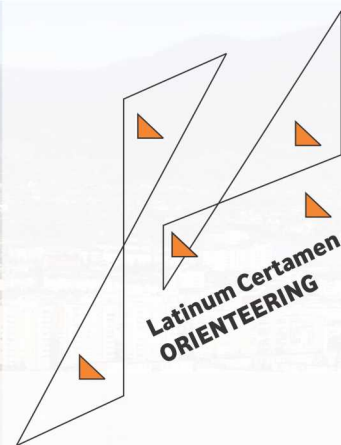
SPORT ident electronic punching system will be used in all races. You can rent SI card from the organizers 3 EUR per start, 40 EUR if lost rented SI card.

Please, appoint your SI Card number in the Event Entry Form.

VI. WINNING TIME AND APPROXIMATE LENGTHS OF COURSES

	Senior		Junior		Cadet	
	Women	Men	Women	Men	Women	Men
1 Middle Distance	25'	30'	25'	30'	25'	30'
2 Sprint (b)						
3 Long Distance	65'	90'	55'	70'	40'	50'


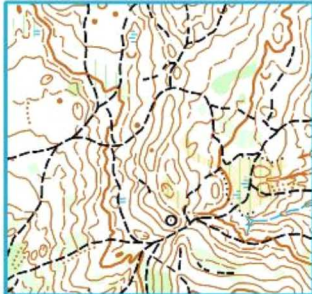
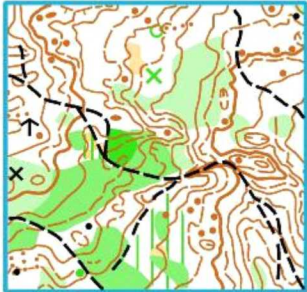
(b) Sprint: winning time between 12' - 15'



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VII. MAPS AND TERRAINS

Maps	Terrain
<p>Sprint: Scale 1:4.000, Contour: 2,5m According to ISSOM Map Maker: Dionisie Rosca , ROU</p> 	<p>City and park zone.</p>
<p>Long distance: Scale 1:15.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU Liviu Tantar, ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.</p>
<p>Middle distance: Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Good visibility, but limited in denser areas. Medium density of paths and trails.</p>

VIII. TRAINING POSSIBILITIES

Those willing to train, have the chance of experiencing the terrain characteristics between the 3rd, 4th and 8th of September, during the competition “Grand Prix Romania”. More informations you can find at our website: www.seec2013.fro.ro

IX. TRANSPORTATION

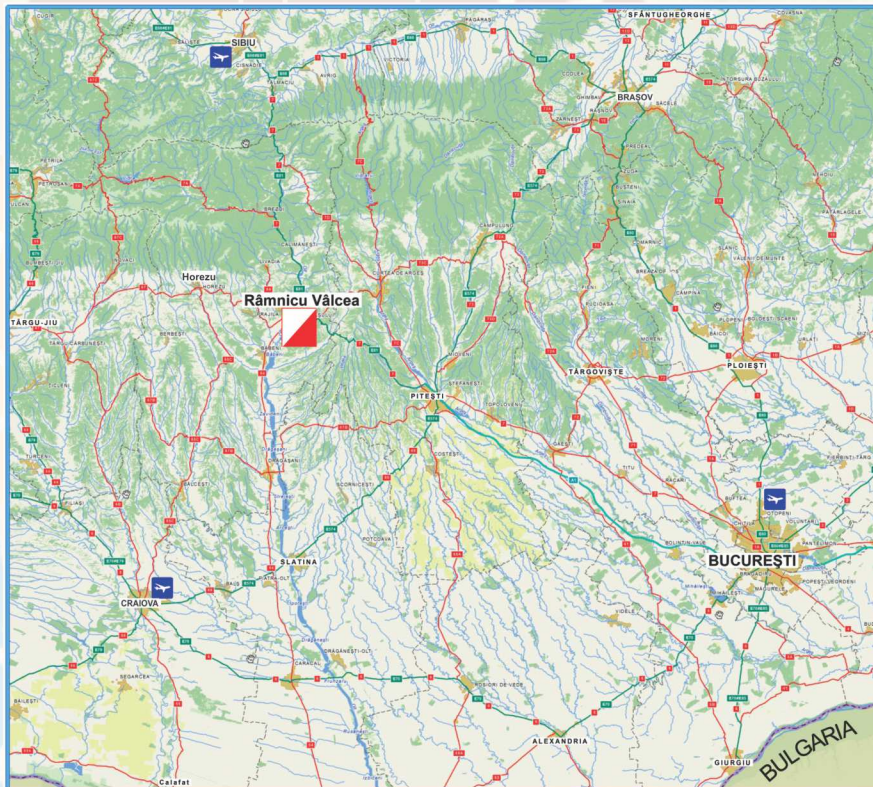
Road distances to Râmnicu-Vâlcea:
Bucharest ROU: 170km

Nearest international airports:

Bucharest, 195 km from Râmnicu Vâlcea
(<http://www.bucharestairports.ro/>
<http://www.aeroportul-otopeni.info/>)

Sibiu, 115 km from Râmnicu Vâlcea
(<http://www.sibiuairport.ro/>)

Craiova, 125 km from Râmnicu Vâlcea
(<http://www.aeroportcraiova.ro/>)



Bus:

The transfer from the airport to Râmnicu Vâlcea could be arranged also by the organizers upon request. Also cars can be rented from the airport.

Other possibilities:

There are a lot of bus companies operating from Bucharest to Râmnicu Vâlcea. It takes 2½-3 hours to Râmnicu Vâlcea.

The ticket price in 2013 is around 8 € one way.

Local transport to Events

If necessary, organizers can provide transport to the competition, with a transportation fee.

Teams can use their own transport from accommodation to the events, but at their own responsibility.

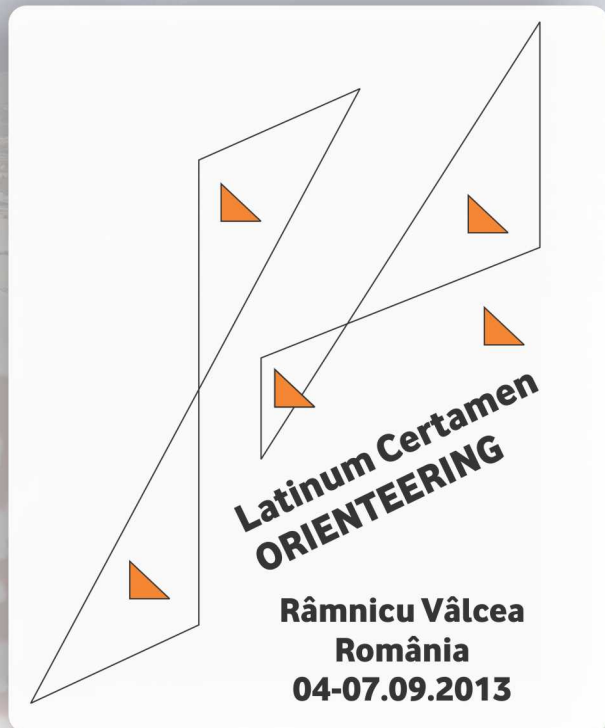
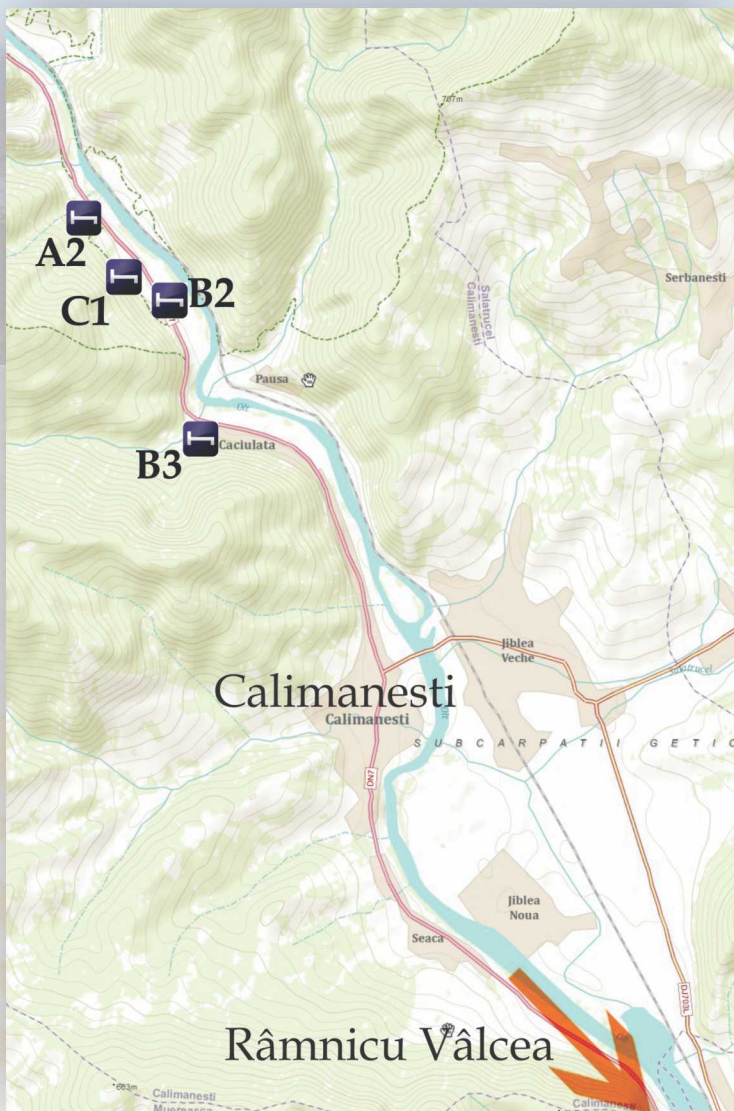
Distances from the Event Center to the competition areas are between 1-18 km.

X. ACCOMMODATION

We have tried to offer you different types of accommodation.
Please inform us as soon as possible where and how many person
you want to stay **and not later than 01st June 2013!**

If we will find more others accommodation places we will announce in due time
to chose the type that suits you!

TYPE	Name, address, web address	Service obtained	Price per person/day	Other remarks
A A1	Grand Hotel Sofianu **** The only one Museum Hotel in Romania Str. Stirbei Voda, Rm. Valcea, jud. Valcea, România http://www.hotelsofianu.ro/ 1,5 km to event center	Half board (Swedish Buffet)	47€ Single Rooms - 32€ Double Rooms	Bathroom with shower, individually adjustable climate and heating, electronic room access system, safe, TV with local, national, international posts, telephone, Wi-Fi, minibar and hairdvrer.
A2	Casa Romaneasca Hotel *** www.casa-romaneasca.ro/ Calea lui Traian, Nr. 597 245601 – Calimanesti 22,0 km to event center	Half board	32€ Single Rooms - 28€ Double Rooms - 30€ Apartments	Swimming pool access Bathroom with shower color TV, minibar, Wi-Fi, air conditioner. - Apartment: Room with familial bed, living with extensible bed and 2 nd toilet
B B1	Hotel Alutus *** http://www.hotelalutus.ro/ Str. Praporgescu, nr.10, Ramnicu-Valcea 900 m to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar Wi-Fi in Lobby TV Bathroom with shower
B2	Hotel Complex Calimanesti Caciulata *** http://www.calimanesticaciulata.ro/ 21,2 km to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar TV Bathroom with shower Wi-Fi in Lobby
B3	Traian Hotel** http://www.hoteltraian.webs.com/ Calea lui Traian, Nr. 559 245601 – Calimanesti 20,5 km to event center	Half board	23€ Double Rooms	TV Bathroom with shower Fridge, Wi-Fi in Lobby
C C1	Youth Recreational Center Cozia- Calimanesti, Calimanesti-Caciulata, Calea lui Traian http://www.djstvalcea.ro/ 21,6 km to event center	Half board	17€	Rooms for 2,3,4 people. All rooms with toilets, shower
C2	Student domitory hostel Ramnicu-Valcea 1-1,7 km to event center	Half board	14€	Rooms for 4-6 people, shower and toilet on the corridor.



Important Notes:

- Additionally you can obtain lunch at the event areas for a price of 5 eur/person/day for 06-08.09.2013, and for 05.09 you can serve the lunch at the accommodation place for a price of 8€. Please if you wish to have lunch at the hotel and event area, order it at the preliminary entry form!!!

- Capacities of accommodation places are limited. Reservations will be made on basis "first come, first served"

- Prices for accommodation in single rooms are higher and available upon request and availability.

- All services started on the day of arrival with dinner, and finished with breakfast on Sunday 8th September 2013.

XI. EVENT CENTER

Municipality Râmnicu Vâlcea – County seat Vâlcea

www.vinolavalcea.ro



Sports Hall "Traian"; B-dul Nicolae Balcescu, nr 14, Râmnicu Vâlcea, Vâlcea.

GPS Coordonates: 45°6'28"N 24°22'15"E

XII. EMBARGOED AREAS

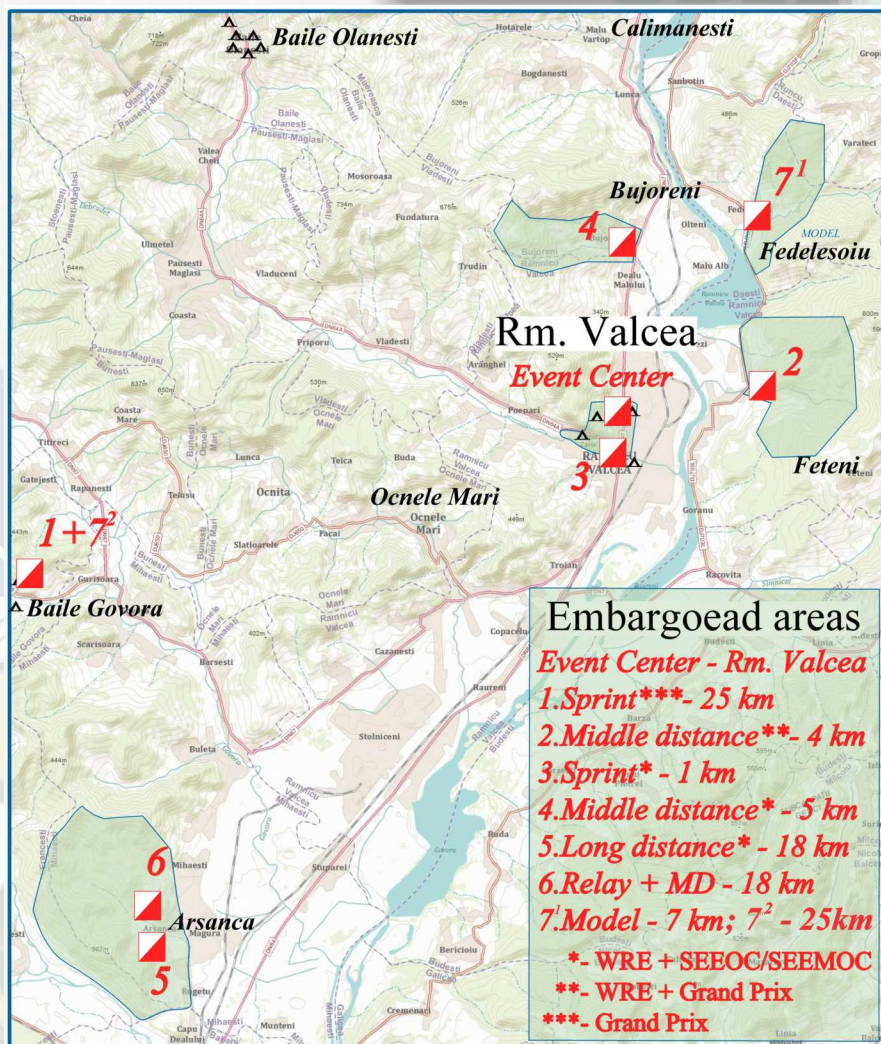
You can see the embargoed areas at this link:

www.seeoc2013.fro.ro

The city center of Râmnicu Vâlcea (Rm. Vâlcea) is embargoed but that is prohibited to train with a map and do route testing!

Any violation of entering embargo area for visiting or training shall be notified at once to the organizer:

seeoc2013rof@gmail.com



XIII. PAYMENT DETAILS

Payment for entry fees, transport, accomodation and meals at the field to be paid to the Romanian Orienteering Federation:

Account Holder: Federatia Romana de Orientare

Address: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Currency: EUR

Bank & Branch: Banca Comerciala Romana S.A. , Sector 3

Address: Bld. Regina Elisabeta, Nr. 5, Sector 3, Bucuresti

SWIFT Code: RNCB RO BU

IBAN: RO52 RNCB 0074 0292 0364 0002

Deadline for payments is 16th August 2013.



XIV. VISA INFORMATION

No visa is required for the following countries: Spain, France, Italy, Portugal, Belgium, Brasil, Argentina, Venezuela, Switzerland, Uruguay, Chile, Costa Rica and Paraguay.

Countries which need visa to enter Romania are: Columbia, Peru and Mozambic .

Please check if you need a visa at www.mae.ro

All those countries which require a visa should let us know well ahead so that we may provide all necessary documents for you needed for visa.

XV. INFORMATION, ENTRIES, ORGANISERS CONTACTS

Romanian Orienteering Federation

Contact person: Florin Tuncu

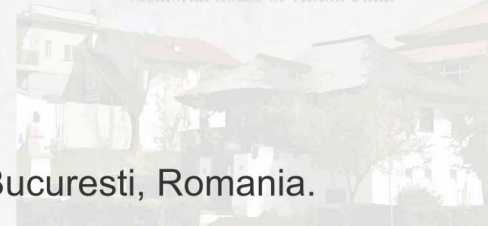
Email: info@fro.ro , seeoc2013rof@gmail.com

Adress: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Phone/Fax: +40.213.174.999

www.seeoc2013.fro.ro Ceramics - UNESCO Heritage

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XVI. OTHER USEFUL INFORMATION

Bulletin 3 will be issued in July 2013.

Dates to remember:

01.06.2013 - Preliminary Entry Form
- Booking Hotel
15.08.2013 - Final Entry
16.08.2013 - Deadline for Payment

WELCOME TO ROMANIA!

Welcome to 19^{-eme} Coupe des Pays Latins!