

# Râmnicu-Vâlcea



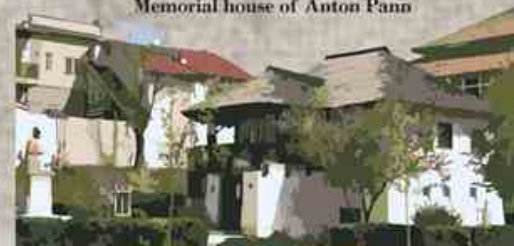
## România

### Bulletin 2

# South East European Masters Orienteering Championships

04-07.09.2013

Memorial house of Anton Pann



Horezu Ceramics - UNESCO Heritage



**ROMANIAN ORIENTEERING FEDERATION  
IN CO-OPERATION WITH THE MUNICIPALITY OF  
RÂMNICU-VÂLCEA INVITE YOU TO  
2<sup>nd</sup> SOUTH EAST EUROPEAN MASTERS  
ORIENTEERING CHAMPIONSHIPS**

**Dear Orienteering Friends,**

The local government of the city of Râmnicu Vâlcea has and is constantly engaged and involved in supporting all competitive events and local sports movements – whether amateur or professional, junior or senior. We are making this step with confidence, that on the one hand, the harmonious development of each citizen cannot be done in the absence of movement, on the other hand, that sport is the best ambassador of a community and also, is the most representative business card that we can show the world.



We are honored that this year's edition of the Southeast European Championships for Cadets, Youth, Juniors, Seniors and Masters, The Latin Countries Cup and National Orienteering Championships are held in Râmnicu Vâlcea, Vâlcea county, and we see this as a recognition of the value that romanian orienteers have - a sport discipline with a long tradition in our country and also an appreciation of the beauty of these places.

We are pleased that for several days you will be our guests and we hope that after this competition you will remain with beautiful memories from Râmnicu Vâlcea and Vâlcea county.

I wish much success to all the participants at these meetings and I wish you to find always the way, both in sports competitions to come, as well as in his personal life.

**Emilian Frâncu,**  
Mayor of Râmnicu Vâlcea



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## ORGANIZERS



Federația Română  
de Orientare

**Romanian Orienteering Federation  
in co-operation with the  
Municipality of Râmnicu Vâlcea.**



**RÂMNICU VÂLCEA**  
PRIMĂRIA MUNICIPIULUI



MINISTERUL  
TINERETULUI ȘI SPORTULUI

## PARTNERS

**Ministry of Youth and Sport  
Vâlcea County Council**

**County Youth and Sports Vâlcea  
Municipality of Horezu**

**Sport Club EcoSport Râmnicu Vâlcea  
Children's Palace Râmnicu Vâlcea**

**Mountain Rescue Vâlcea County Public Service**



Consiliul Județean  
Vâlcea



Primăria Horezu



directia județeană pentru  
sport și tineret vâlcea



SERVICIUL PUBLIC JUDEȚEAN  
SALVAMONT VÂLCEA



## ORGANISING COMMITTEE

*Horezu Ceramics - UNESCO Heritage*

President:	Constantin Alexandrescu
Technical Director:	Dionisie Rosca
Secretary:	Anca Stupu
National Controller:	Gheorghe Dinu

## IOF EVENT ADVISER

Todor Pedev - Bulgaria



**SEEMOC**  
**2013**  
RÂMNICU VÂLCEA, ROMÂNIA

## I. PRELIMINARY EVENT PROGRAMME

**4<sup>th</sup> September, Wednesday**

Arrival, registration – Event Center  
UNTIL 21:00 – Arrival, registration  
14:00 – 19:00 Model event

**5<sup>th</sup> September, Thursday**

UNTIL 12:00 – Arrival, registration  
16:00 – Sprint - SEEMOC  
19:00 – SEEMOC Official Opening and Prize giving ceremony Sprint

**6<sup>th</sup> September, Friday**

11:00 – Long Distance - SEEMOC  
18:00 – Prize giving-ceremony Long Distance, Event Center

**7<sup>th</sup> September, Saturday**

11:00 – Middle Distance - SEEMOC  
18:00 – Prize giving-ceremony Middle Distance, Event Center

**8<sup>th</sup> September, Sunday**

11:00 – Middle Distance - “Grand Prix Romania” open event  
14:30 – Prize giving and Closing ceremony

## II. CLASSES

According to SEEMOC Rules:

Individual events: M35, W35, M40, W40, M45, W45, M50, W50,  
M55, W55, M60, W60, M65, W65, M70+, W70+.

## III. ENTRY FEE

According to SEEMOC Rules, 20 EUR per competitor for all races

## IV. ENTRIES

Deadline for entries 15<sup>th</sup> August 2013 to e-mail: [seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com)

## V. PARTICIPATION

According to the SEEMOC Rules !

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the South East European continent, can compete in SEEMOC.

At the moment this Bulletin is published (January 2013), the following countries are eligible for official participation: Bulgaria, Croatia, Cyprus, Greece, Italy, Macedonia, Moldova, Montenegro, Serbia, Turkey and Romania.

Participants from a country outside the South East European region, can participate in SEEMOC open events ("Grand Prix Romania"), but will not be eligible for South East European titles, medals or diplomas.

Entries for SEEMOC can be made by individuals, clubs or National Federation and there is no restriction to the number of participants.

If the number of participants in each class is less 5, then organizer has the right to combine the classes with max 10 years difference: ex. 35-45-55 etc.

## VI. PUNCHING SYSTEM

SPORT ident electronic punching system will be used in all races. You can rent SI card from the organizers 3 EUR per start, 40 EUR if lost rented SI card.

Please, appoint your SI Card number in the Event Entry Form.

## VII. WINNING TIME AND APPROXIMATE LENGTHS OF COURSES

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Middle distance				Long distance			
W35	25 min	M35	25 min	W35	55 min	M35	65 min
W40	25 min	M40	25 min	W40	50 min	M40	55 min
W45	25 min	M45	25 min	W45	50 min	M45	55 min
W50	25 min	M50	25 min	W50	45 min	M50	50 min
W55	20 min	M55	20 min	W55	40 min	M55	45 min
W60	20 min	M60	20 min	W60	40 min	M60	45 min
W65	20 min	M65	20 min	W65	35 min	M65	40 min
W70+	20 min	M70+	20 min	W70+	35 min	M70+	40 min

## VIII. MAPS AND TERRAINS

Maps	Terrain
<p><b>Sprint:</b> Scale 1:4.000, Contour: 2,5m According to ISSOM Map Maker: Dionisie Rosca , ROU</p> 	<p>City and park zone.</p>
<p><b>Long distance:</b> Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU Liviu Tantar, ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.</p>
<p><b>Middle distance:</b> Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Good visibility, but limited in denser areas. Medium density of paths and trails.</p>
<p><b>Middle Distance:</b> Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca, ROU Marian Cotirta, ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.</p>

## IX. TRAINING POSSIBILITIES

Those willing to train or compete, have the chance of experiencing the terrain characteristics on 3<sup>rd</sup>, 4<sup>th</sup> and 8<sup>th</sup> of September, during the competition "Grand Prix Romania".

More information you can find at our website: [www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro)

## X. TRANSPORTATION

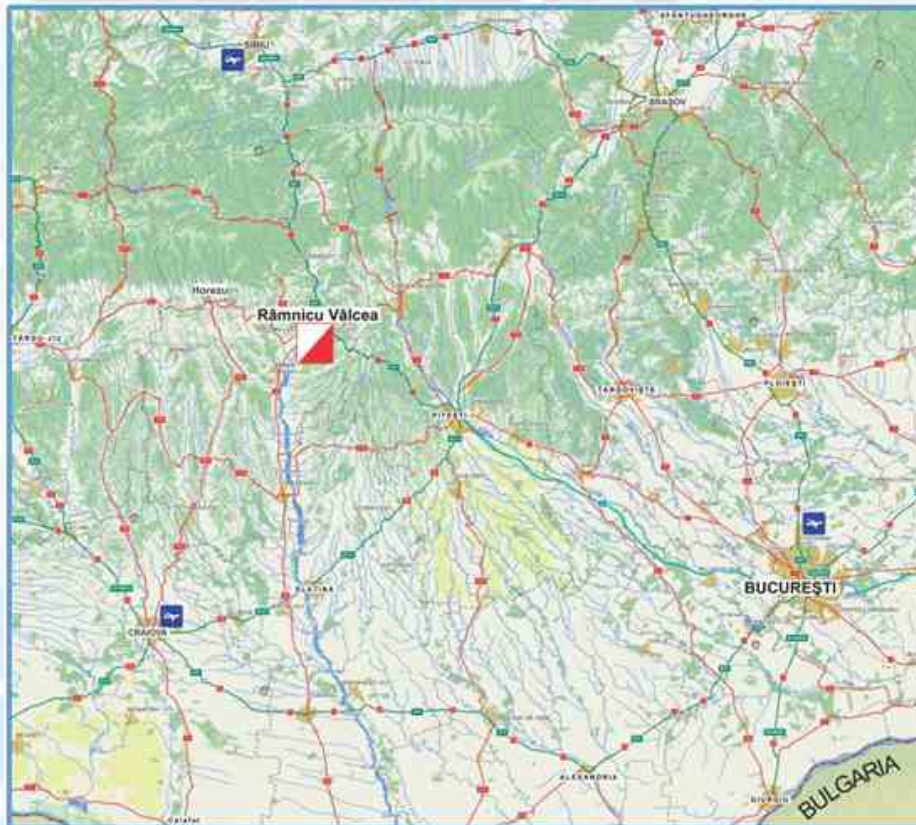
Road distances to Râmnicu-Vâlcea:  
Bucharest ROU: 170km

Nearest international airports:

**Bucharest**, 195 km from Râmnicu Vâlcea  
(<http://www.bucharestairports.ro/>  
<http://www.aeroportul-otopeni.info/>)

**Sibiu**, 115 km from Râmnicu Vâlcea  
(<http://www.sibiuairport.ro/>)

**Craiova**, 125 km from Râmnicu Vâlcea  
(<http://www.aeroportcraiova.ro/>)



### **Bus:**

The transfer from the airport to Râmnicu Vâlcea could be arranged also by the organizers upon request. Also cars can be rented from the airport.

### Other possibilities:

There are a lot of bus companies operating from Bucharest to Râmnicu Vâlcea. It takes 2½-3 hours to Râmnicu Vâlcea.

The ticket price in 2013 is around 8 € one way.

### **Local transport to Events**

If necessary, organizers can provide transport to the competition, with a transportation fee.

Teams can use their own transport from accommodation to the events, but at their own responsibility.

Distances from the Event Center to the competition areas are between 1-18 km.

## XI. ACCOMMODATION

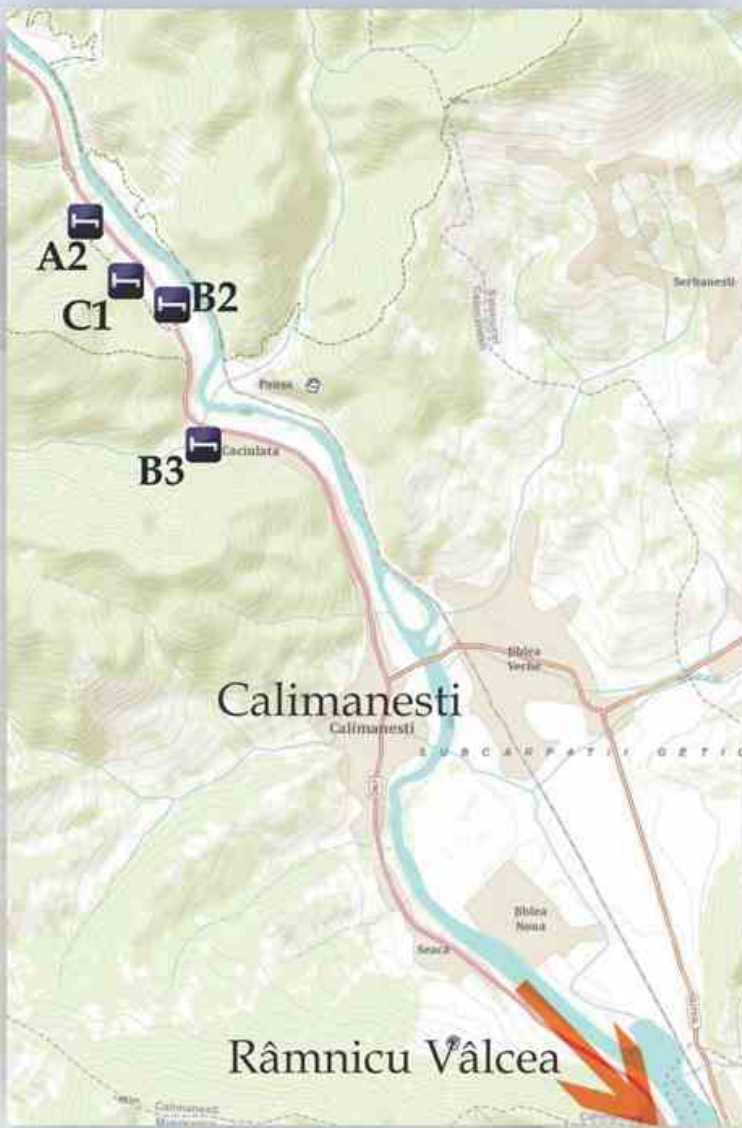
We have tried to offer you different types of accommodation.

Please inform us as soon as possible where and how many person you want to stay **and not later than 01st June 2013!**

If we will find more others accommodation places we will announce in due time to chose the type that suits you!

TYPE	Name, address, web address	Service obtained	Price per person/day	Other remarks
<b>A</b>				
<b>A1</b>	<p>Grand Hotel Sofianu ****  <b>The only one Museum Hotel in Romania</b>                      Str. Stirbei Voda, Rm. Valcea, jud. Valcea,                      România  <a href="http://www.hotelsofianu.ro/">http://www.hotelsofianu.ro/</a>                      1,5 km to event center</p>	Half board (Swedish Buffet)	47€ Single Rooms - 32€ Double Rooms	Bathroom with shower, individually adjustable climate and heating, electronic room access system, safe, TV with local, national, international posts, telephone, Wi-Fi, minibar and hairdryer.
<b>A2</b>	<p>Casa Romaneasca Hotel ***  <a href="http://www.casa-romaneasca.ro/">www.casa-romaneasca.ro/</a>                      Calea lui Traian, Nr. 597                      245601 – Calimanesti                      22,0 km to event center</p>	Half board	32€ Single Rooms - 28€ Double Rooms - 30€ Apartments	Swimming pool access Bathroom with shower color TV, minibar, Wi-Fi, air conditioner. - Apartment: Room with familial bed, living with extensible bed and 2 <sup>nd</sup> toilet
<b>B</b>				
<b>B1</b>	<p>Hotel Alutus ***  <a href="http://www.hotelalutus.ro/">http://www.hotelalutus.ro/</a>                      Str. Praporgescu, nr.10, Ramnicu-Valcea                      900 m to event center</p>	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar Wi-Fi in Lobby TV Bathroom with shower
<b>B2</b>	<p>Hotel Complex Calimanesti Caciulata ***  <a href="http://www.calimanesticaciulata.ro/">http://www.calimanesticaciulata.ro/</a>                      21,2 km to event center</p>	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar TV Bathroom with shower Wi-Fi in Lobby
<b>B3</b>	<p>Traian Hotel**  <a href="http://www.hoteltraian.webs.com/">http://www.hoteltraian.webs.com/</a>                      Calea lui Traian, Nr. 559                      245601 – Calimanesti                      20,5 km to event center</p>	Half board	23€ Double Rooms	TV Bathroom with shower Fridge, Wi-Fi in Lobby
<b>C</b>				
<b>C1</b>	<p>Youth Recreational Center Cozia-Calimanesti,                      Calimanesti-Caciulata, Calea lui Traian  <a href="http://www.djstvalcea.ro/">http://www.djstvalcea.ro/</a>                      21.6 km to event center</p>	Half board	17€	Rooms for 2,3,4 people. All rooms with toilets, shower
<b>C2</b>	<p>Student domitory hostel                      Ramnicu-Valcea                      1-1,7 km to event center</p>	Half board	14€	Rooms for 4-6 people, shower and toilet on the corridor.

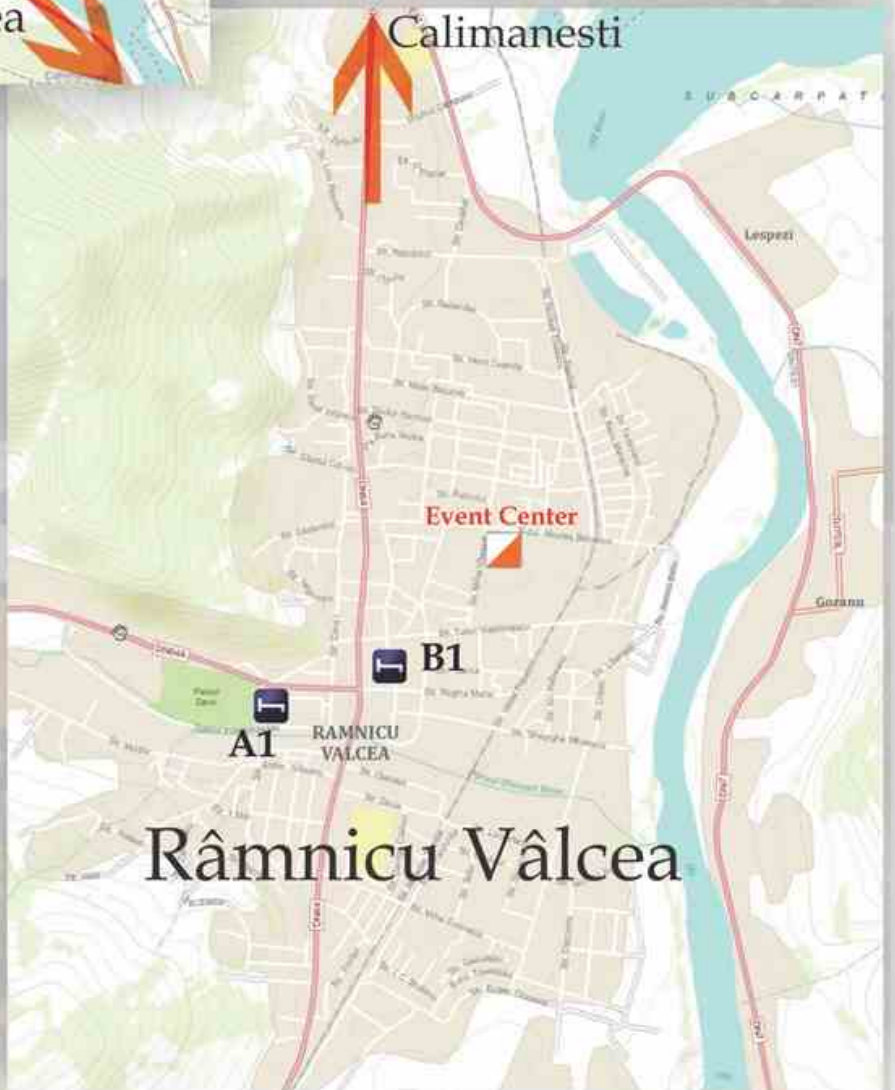




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RÂMNICU VÂLCEA, ROMÂNIA



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## Important Notes:

- Additionally you can obtain lunch at the event areas for a price of 5 eur/person/day for 06-08.09.2013, and for 05.09 you can serve the lunch at the accommodation place for a price of 8€. Please if you wish to have lunch at the hotel and event area, order it at the preliminary entry form!!!

- Capacities of accommodation places are limited. Reservations will be made on basis "first come, first served"

- Prices for accommodation in single rooms are higher and available upon request and availability.

- All services started on the day of arrival with dinner, and finished with breakfast on Sunday 8th September 2013.

## XII. EVENT CENTER

Municipality Râmnicu Vâlcea – County seat Vâlcea

[www.vinolavalcea.ro](http://www.vinolavalcea.ro)

**Sports Hall "Traian"**; B-dul Nicolae Balcescu, nr 14, Râmnicu Vâlcea, Vâlcea.

GPS Coordonates: 45°6'28"N 24°22'15"E



## XIII. EMBARGOED AREAS

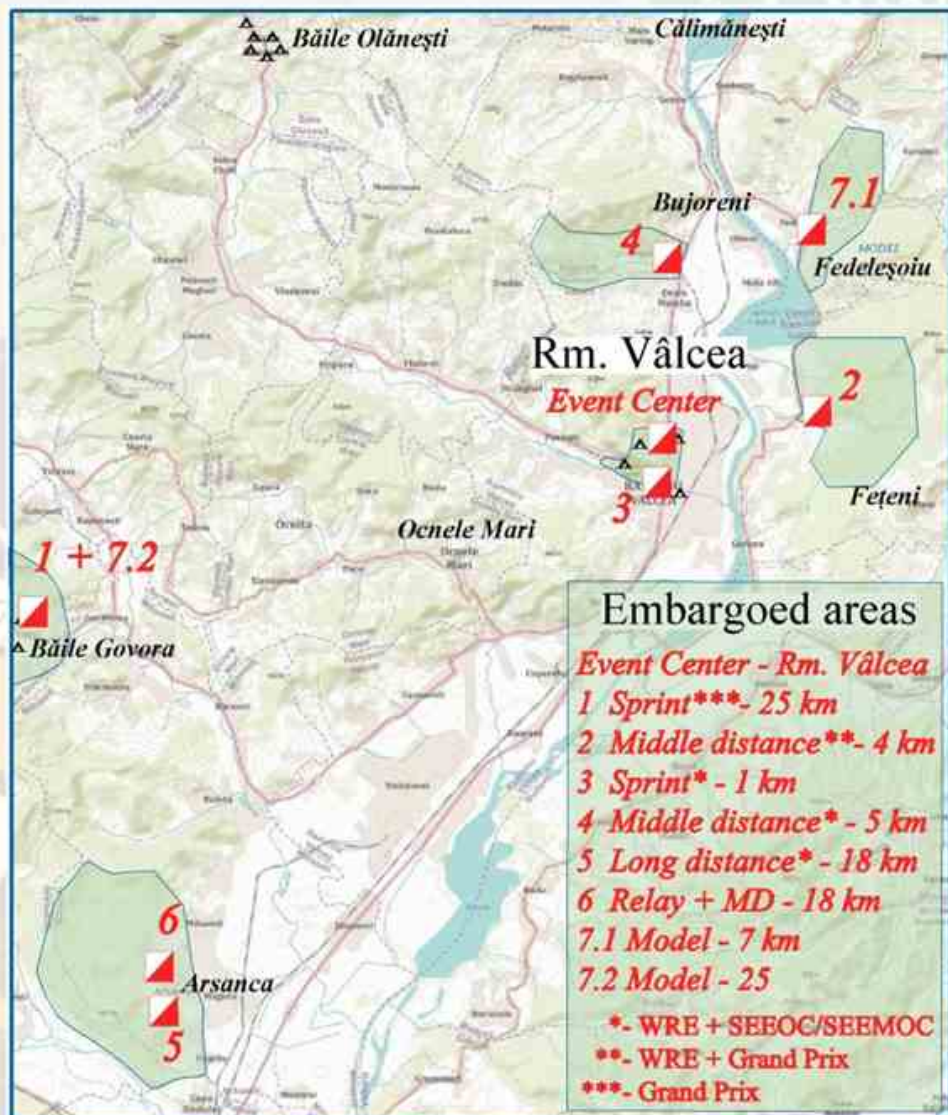
You can see the embargoed areas at this link:

[www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro)

The city center of Râmnicu Vâlcea (Rm. Vâlcea) is embargoed but that is prohibited to train with a map and do route testing!

**Any violation of entering embargo area for visiting or training shall be notified at once to the organizer:**

[seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com)



## XIV. PAYMENT DETAILS

Payment for entry fees, transport, accomodation and meals at the field to be paid to the Romanian Orienteering Federation:

**Account Holder:** Federatia Romana de Orientare

**Address:** Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

**Currency:** EUR

**Bank & Branch:** Banca Comerciala Romana S.A. , Sector 3

**Address:** Bld. Regina Elisabeta, Nr. 5, Sector 3, Bucuresti

**SWIFT Code:** RNCB RO BU

**IBAN:** RO52 RNCB 0074 0292 0364 0002

Deadline for payments is 16<sup>th</sup> August 2013.

## XV. VISA INFORMATION

No visa is required for the following SEEMOC countries: Bulgaria, Croatia, Cyprus, Greece, Italy, Serbia, Macedonia, Montenegro – last two with biometric passport.

SEEMOC countries which need visa to enter Romania are: Moldavia and Turkey.

Please check if you need a visa at [www.mae.ro](http://www.mae.ro)

All those countries which require a visa should let us know well ahead so that we may provide all necessary documents for you needed for visa.

## XVI. INFORMATION, ENTRIES, ORGANISERS CONTACTS

Romanian Orienteering Federation

Contact person: Florin Tuncu

Email: [info@fro.ro](mailto:info@fro.ro) , [seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com)

Adress: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Phone/Fax: +40.213.174.999

[www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro) Ceramics - UNESCO Heritage

## XVII. OTHER USEFUL INFORMATION

Bulletin 3 will be issued in July 2013.

### Dates to remember:

01.06.2013 - Booking Hotel

15.08.2013 - Final Entry

16.08.2013 - Deadline for Payment

# WELCOME TO ROMANIA!

## WELCOME TO THE 2<sup>nd</sup> SOUTH EAST EUROPEAN MASTERS ORIENTEERING CHAMPIONSHIPS!