

SEEOC SEEMOC DURMITOR OPEN 2017



BULLETIN 3

EVENT INFORMATION

Montenegro Orienteering Federation

Durmitor, Montenegro
www.seeoc.me
www.mneof.me



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MINISTARSTVO SPORTA
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WELCOME BY MOF

Dear orienteering friends,

Montenegro Orienteering Federation are pleased to welcome all competitors, team leaders, officials and guests to the big orienteering event SEEOC-SEEMOC and accompanying event Durmitor Open.

We as a small federation want to promote our country as a great destination for orienteering and show You wild beauty of Montenegro.

I hope that you will have time to enjoy in the beautiful nature of National park “Durmitor”, river Tara and lot of lakes that we have on Žabljak.

Wish You a lot of success and good preparations for our event and suggest you to, if it is possible to stay a little more on Durmitor !

Best regards,

Stefan Jeremić
Event director



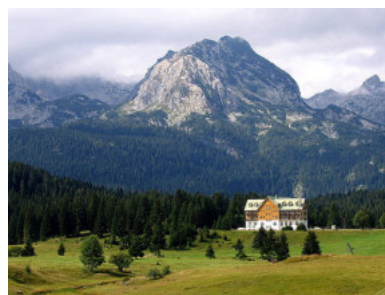
VENUE

SEEOC, SEEMOC and accompanying competition **Durmitor Open** will be held on the planned date from August 23rd - 27th in municipality of Žabljak, Durmitor.

Žabljak municipality is very small town on the north of Montenegro and represents a "Geographic roof" of Montenegro, since over 30% of its territory lies at an altitude above 1,500 meters. Žabljak is the highest urban settlement not only in Montenegro, but also in the Balkans. It is surrounded by 23 mountain peaks over 2,200 meters (among which Bobotov Kuk dominates with its 2,523 meters above sea level), by 18 lakes and the Tara Canyon, the deepest canyon in Europe.



Durmitor National Park has a significant number of cultural monuments, from the ancient period to the present day. The most characteristic are the medieval monuments: the ruins of towns and fortifications, bridges and watchtowers, the necropolis and monastery complexes in the valley of the Tara River. Due to its exceptional and unique nature, environmental and cultural values of Durmitor mountain and Tara river, The National park Durmitor was inscribed into the Register of World's Natural Heritage of UNESCO by decision of International World Heritage Committee in 1980 in Paris. The Tara River Basin (182.899 ha of surface) was inscribed into the ecological biosphere reserve on 17th of January 1977 and therefore it is protected by UNESCO's Convention concerning the Protection of World Cultural and Natural Heritage. The Durmitor massif is inscribed in IBA and IPA areas (Important Bird Areas and important Plant Areas)



The Tara River Canyon, unique by its 1000m depth, reaching 1300m at some points, is the second deepest canyon in the world after the Grand Canyon of Colorado River in the USA. The Tara River has 150km long flow and it is the longest river in Montenegro. On the territory of the Durmitor National Park, the Tara River has its average fall of 3.6m/km, and it makes waterfalls, rapids and cascades which give a great compliment to the untouched nature of the Park.



ORGANIZING TEAM

Montenegro Orienteering Federation is official organizer of SEEOC, SEEMOC and accompanying competition Durmitor Open.

Event Director.....**Stefan Jeremić**

Secretary.....**Luka Vulić**

Technical Director.....**Valentin Garkov**

Accommodation Director.....**Anđa Vukčević**

lof Event Adviser.....**Todor Pedev, Bulgaria**

Technical part of organization will be done by professional team composed from several countries (Bulgaria, Turkey, Macedonia and Serbia) led by Valentin Garkov.

COMPETITIONS RULES & COURSES

Details about competitions rules and courses will be publish in Final Bulletin 4.

CLIMATE

Climate in Žabljak is continental. Average temperature in June is pleasant 19,6°C but in sunny day temperature rise up to 30°C.

PRELIMINARY EVENT PROGRAMME

DATE	TIME	EVENT	LOCATION
Wed, August 23rd	15:00 – 20:00	Event Office opens Arrivals & Registrations	Žabljak, School
Wed, August 23rd	10:00 – 15:00	Model Event	Žabljak, Pitomine
Thu, August 24th	11:00	Day 1 1 st stage Sprint distance	Žabljak, down town
Thu, August 24th	17:00	Opening Ceremony & Awarding prizes for sprint distance	Žabljak, down town
Fri, August 25th	10:00	Day 2 2 nd stage Middle distance	Žabljak, Pitomine
Sat, August 26th	10:00	Day 3 3 rd stage Long distance	Žabljak, Pitomine
San, August 27th	09:30	Day 4 4 th stage SEEOC & SEEMOC Relay	Žabljak, Pitomine
San, August 27th	14:00	Closing Ceremony & Awarding prizes	Žabljak, down town

Details about locations of finish areas and meeting of SEEOA will be publish in Final Bulletin 4 but everything is very close to the down town (few kilometers max).

Durmitor Open will have two middle race. Second middle race will be instead *relay* on Day 4.

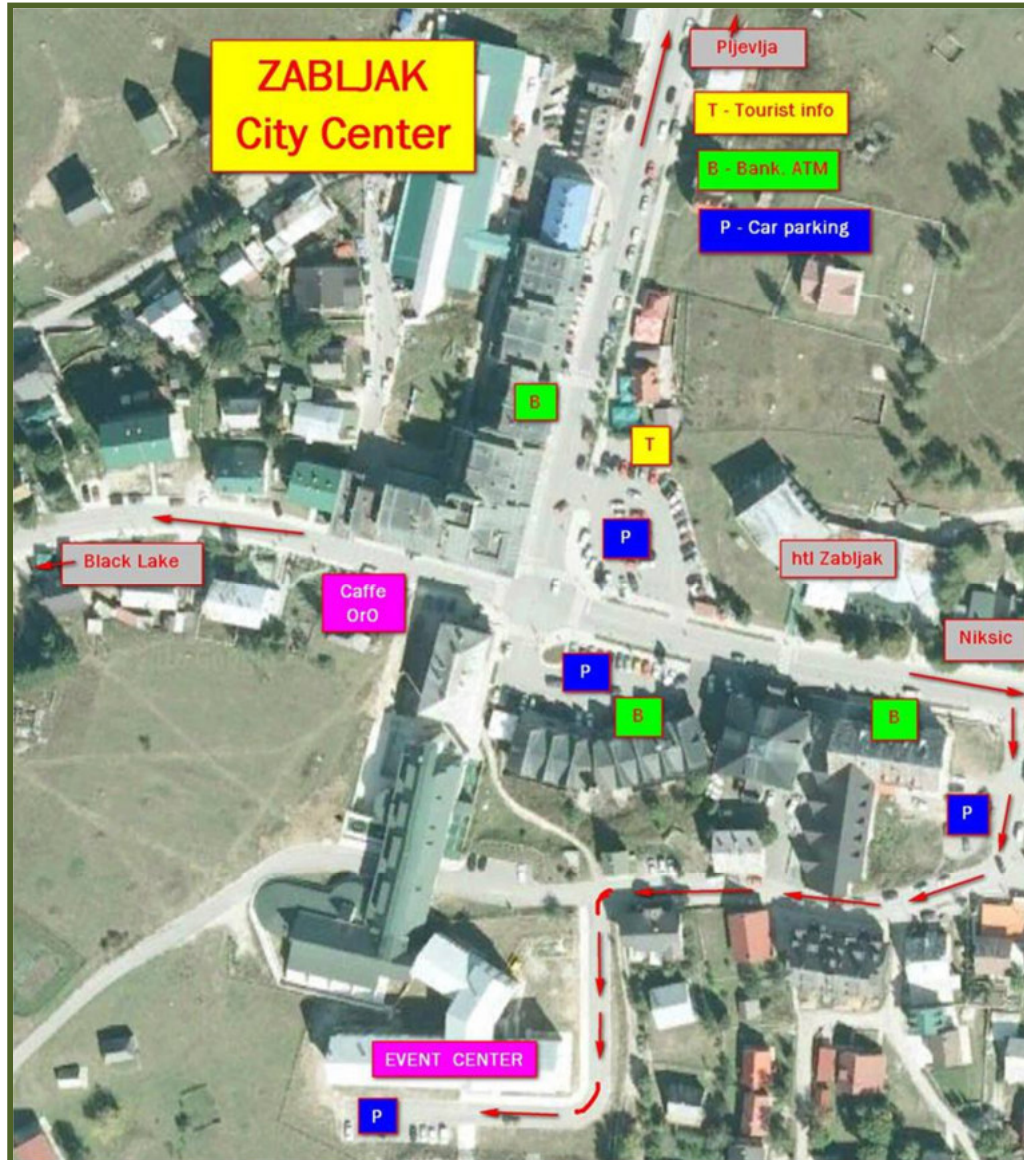
TERRAINS AND MAPS

MAPA DATA	TERRAINS SAMPLES	
<p>1st stage, Sprint distance</p> <p>Scale 1 : 4 000 e-2,5m</p> <p>Stand: May 2017, ISSOM</p> <p>Mixed forest and town.</p>		
<p>2nd stage, Middle distance</p> <p>Scale 1 : 10 000 e-5m</p> <p>Stand: May 2017, ISSOM</p>		
<p>3rd stage, Long distance</p> <p>Scale 1 : 15 000 e-5m</p> <p>Stand: May 2017, ISSOM</p>		
<p>4th stage, Relay</p> <p>Scale 1 : 10 000 e-5m</p> <p>Stand: May 2017, ISSOM</p>		

EMBARGOED AREAS



EVENT CENTER



Event centre will be in local school

GPS: 43°09'14.1"N 19°07'14.0"E

ENTRIES

Competition Classes for Durmitor OPEN

MEN: M12, M14, M16, M18, M20, M21E, M21A, M21B, M21C, M35, M40, M45, M50, M55, M60, M65, M70, M75+,

WOMEN: W12, W14, W16, W18, W20, W21E, W21A, W21B, W21C, W35, W40, W45, W50, W55, W60, W65, W70 , W75+

KIDS: (Up to the age of 10 years), marked route.

Other classes: Open 1 (difficult), Open 2 (medium difficult), Open 3 (easy).

In case of small number of entries in some classes, organizer keep the right to join this classes to the first possible belonging according to the Rules.

Entries / Start fees:

COMPETITION CLASSES	ENTRY UNTIL	DEADLINES FOR ENTRIES
MAN AND WOMAN	10th July 2017	20th August 2017
12, 14, 16, 18, 20	28 EUR/ ALL STAGES 8 EUR PER ONE STAGE	42EUR/ ALL STAGES 12 EUR PER ONE STAGE
OPEN 1, 2, 3	37 EUR/ ALL STAGES 12 EUR PER ONE STAGE	55 EUR/ ALL STAGES 15 EUR PER ONE STAGE
KIDS	5 EUR/ ALL STAGES 2 EUR PER ONE STAGE	5 EUR/ ALL STAGES 2 EUR PER ONE STAGE
ALL OTHER CLASSES	37 EUR/ ALL STAGES 12 EUR PER ONE STAGE	55 EUR/ ALL STAGES 18 EUR PER ONE STAGE

Online entries will be open at this link:

<http://www.orienteeringonline.net/CompetitionBasicInfo.aspx?CompetitionID=3191>

Your entry for the competition will be confirmed after the payment of start fee is done. Write us to official e-mail: seeoc2017@mneof.me

Competition Classes for SEEOC in accordance with SEEOC rules:

MEN: M16, M18, M20, M21 Elite

WOMEN: W16, W18, W20, W21 Elite

Entries / Start fees for SEEOC:

30 EUR per competitor for all races. Final entry form must be sent to the organizers by 10th August 2017 on the e-mail: seeoc2017@mneof.me. All competitors in M/W 21 categories must send entry via Eventor.

Entries for SEEMOC can be made by individuals, clubs, or federations, and there is no restriction to the number of participants.

There is no combining in master classes even if amount of participants at the class might be low.

Runners may compete in a class below their age, but may not compete in a class above their age (e.g. a 47 year old runner may compete in class 35 or 40 but not in class 50).

40 EUR per competitor for all races. Final entry form must be sent to the organizers by 10th August 2017 on the e-mail: seeoc2017@mneof.me.

Punching

SPORT IDENT electronic punching system will be in use. Additional rent fee is 5 eur daily and 10 eur per person for the whole Championships.

The teams will be charged 40 EUR for lost SI card.



Payment must be **IN ADVANCE LATEST 23rd August 2017** at the event center.

For payment through the bank account we will send payment instruction with invoice.

VISA REQUIRMENTS

According to the current regulations, citizens of some countries must obtain a visa in order to enter Montenegro. Please check the following website for more information:

<http://www.mvp.gov.me/rubrike/konzularni-poslovi/vizni-rezim-cg/>

CATERING

Warm meals will be provided for lunch in competition arenas on request. Final orders and payments should be made by August 10th, 2017. All forms and payment confirmations should be sent to seeoc2017@menof.me

In Final Bulletin 4 we will publish detail information about food and catering.

ACCOMMODATION

ATTENTION!!!

Municipality of Žabljak does not have large resorts and hotels and a large part of the accommodation is based on bungalows and apartments.

Closing a few hotels before the season led to reduced capacity.

The table below shows an indicative price list and please send as soon as possible the mail with the number of persons you want to place during the competition and for what types of accommodation you are interested.

After you send your mail, you will receive our proposal for accommodation.

TYPE OF ACCOMMODATION	PRICES
A – 4 star class hotels	From 45eur per day/person BB
B – 2 star class hotels	From 28eur per day/person/HB
C – Bungalows and private rooms	From 10eur per person/day/rent
D – Camping with your own tent	From 3eur per day/person

NOTES

The above rates are for minimum 4 nights stay. Accommodation is possible in a days before or/and after competition with a same prices.

In order to secure your accommodation bookings, please make your reservations well in advance. Summer season in Durmitor is pretty much visited by lot of foreign and domestic tourists.

We can not guaranty availability for accommodation requests after booking deadline of 10th July 2017.

All accommodation offers (from type A to type D) are near by city center of Žabljak city as well as from Event Center. Distances are from 100 to 900 meters.

For your bookings please contact us:

seeoc2017@mneof.me or telephone: + 382 68 741 116

Reservations will be made at first come first serve basis!

MONTENEGRO - WILD BEAUTY

Montenegro who is literal translation means “Black Mountain” or “wild beauty” that is tourism slogan used to describe one small country on Balkan Peninsula, Mediterranean secret gem between east and west, which is still unknown to many. It may be a small in size, but certainly not with natural and cultural heritages. Montenegro is richness of things to do and see, and offers to her visitors such an extensive variety of experiences that you probably don't even know half of them exist. Gorgeous nature, amazing landscapes of Adriatic coast and northern Montenegro (Durmitor mountain, Tara river canyon for example), architecture , local cuisine, outdoor activities, multi day adrenaline tours and packages for nature lovers , adrenaline funs and many more....You will be thoroughly intoxicated and charmed with stunning scenery of sandy beaches, green mountains, natural, historical treasures and places to visit in Montenegro.

If You want to explore the rugged Durmitor National Park - Hike, bike, kayak, paragliding, zip-line, raft or some other outdoor activities in stunning Durmitor National Park we can help you. With many partners in this outdoor activities we provide You some discounts for almost every activities on Durmitor.

Check some links below:

<http://www.durmitoradventure.com/>

<http://redrockzipline.com/en/>

<http://www.tara-grab.com/?lang=en>

<http://nevidio.se/>



!!! If You are interesting in some of these activities please contact us so that we can provide some discounts. !!!

SPECIAL NOTES

*Competitors take part on their own risk and responsibility. You need to have your own insurance covering every health problem and risk.

*At the finish arena water for refreshment and only first aid service will be provided. Also small refreshment shop will be at the finish arena where you will be able to buy drinks and snacks.

*We will not print this Bulletin and distributed to participants. It will be published only at the official web page and it will be sent to all federations member SEEQA. If you need your own hard copy, please print it. Thanks for understanding.

CONTACT ORGANIZER

Montenegro Orienteering Federation

DOOC head office e-mail: seeoc2017@mneof.me

Mobile phone: + 382 68 741 116

Welcome to Montenegro!

Our official web site www.seeoc.me will be active form 10th July 2017.



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