



#### The ROMANIAN ORIENTEERING FEDERATION

has the pleasure to invite you to Carpathian Orienteering Trophy, a competition in an area which will offer you the possibility of using all your orineteering skills in four stages, including the relay, thus, your team can have a relevant test in improving the performance before the EYOC/JWOC 2020.



**Robert Raduly President** of Competitions Commission

Natalia Deconescu, **ROF** President

#### **Partners:**

**C.S.METROPOLITAN** - Bucuresti C. S. VOINȚA Sinaia **O. K. SILVA Câmpina** 



Horia Gălățeanu, C. S. METROPOLITAN Buc President



Gheorghe Crăciunescu, C. S. Voința Sinaia President



**COMARNIC TOWNHALL** SINAIA TOWNHALL **ROMSILVA, SINAIA Forest District** 



Sorin Popa, Mayor of Comarnic Town



Vlad Oprea, Mayor of Sinaia Town



Horațiu Grecu,



Mihai Tudorache, **OK SILVA Câmpina** President



Octavian Anghel, Head of Sinaia Forest District

Sponsors:

**XLAB SOLUTIONS GHM TEAM** DECORPORATE



Mihnea Grecu, entrepreneur



entrepreneur



Cosmin Morar, entrepreneur

### **TECHNICAL TEAM**



Lucian Gălăteanu, **Coordinator & Course** Planner LD, MD, Relay



Florin Ţuncu, Controls Installation



Iulian Negoiță,

Controls

Installation

Nina and Gabi Maiorescu,

C. Bulgaru, Controls Installation



Gabi Sabau, Website Administrator



Installation

Radu Milea, Tiberiu Ţiţirigă, Controls



George Neagu, Erika si Didi Rosca, Entries, Timing Logistics & Start - Finish and Results



Controls

Installation

Răzvan Lupa,

Controls

Installation



C. Georgescu, Controls Installation



COMPETITIONS and CLASSES			
<ul> <li>Carpathian O – Trophy         <ul> <li>Individual - overall 2 stages MD/WRE &amp; LD; MW12-MW85, Op, Op.Family, Op.Th;</li> <li>✓ Relay: MW14, MW18, MW21, MW135, MW165;</li> <li>✓ One Man Relay: 2 races x 2 km (A)/ 1,5 km (B)/ 1 km (C).</li> <li>Competition awarded by the Metropolitan S.C. Bucharest</li> </ul> </li> <li>Sinaia Town Cup, Sprint: MW14,18,21,35,45,55,65,75, Open, Open Fam, Open Th; Competition awarded by the Vointa Sinaia S.C. together with Sinaia Townhall</li> </ul>			
<ul> <li>NATION</li> <li>✓ MD</li> <li>✓ Sprin</li> <li>✓ Rela</li> <li>Compe</li> <li>Comarn</li> <li>✓ Indix</li> <li>✓ Rela</li> </ul>	titions are hosting the: IAL Junior and Youth Championship & LD; MW16,18,20; ht; MW18; y; MW18. tition awarded by the Romanian Orienteering Federation hic Town Cup, competition addressed to the beginners from Comarnic, ridual (May, 23): Open MW ≤15 years old, Open MW ≤19 years old; y (May 24): Open MW ≤15 years old, Open MW ≤19 years old. tition awarded by the Comarnic Townhall		
The COMPETITIONS PROGRAMME			
Friday, May, 22	<ul> <li>9:30 – 11:00 Registration at Event Centre, Comarnic - Gurguiata Side;</li> <li>11:00 Start MD / WRE stage;</li> <li>Warm Up Map &amp; Model Event - on the access area to the Start;</li> <li>12:30- 14:30 You can take the lunch at Event Center, surcharge, by traditional domestic dishes;</li> <li>We recomand to go to Sinaia for Sprint stage directly from Comarnic to avoid the Friday afternoon congestion on DN1 before Comarnic;</li> <li>15:30 – 16:30 Registration at Event Centre, Sinaia - Casino Park;</li> <li>16:30 Start Sprint stage;</li> <li>18:30 Prize giving ceremony for Sinaia Town Cup and Nat.Ch.Sprint MW18</li> </ul>		
Saturday, May, 23	<ul> <li>9:00 –10:30 Registration at Event Centre, Comarnic - Gurguiata Side</li> <li>10:30 Start LD stage;</li> <li>14:00 Prize giving ceremony for</li> <li>Carpathian O – Trophy Individual;</li> <li>NATIONAL Junior and Youth Championship, MD &amp; LD;</li> <li>Comarnic Town Cup Individual.</li> <li>12:30- 14:30 You can take the lunch at Event Center, surcharge, by traditional domestic dishes ;</li> </ul>		
Sunday, May, 24	<ul> <li>10:00 Start Relay stage;</li> <li>13:30 Prize giving ceremony for</li> <li>Carpathian O – Trophy, Relay &amp; One Man Relay;</li> <li>NATIONAL Junior and Youth Championship, Relay;</li> <li>Comarnic Town Cup, Relay.</li> <li>12:00–14:00 You can take the lunch at Event Center, surcharge, by traditional domestic dishes ;</li> </ul>		

# COMPETITION AREAS

### Sprint Stage

Sinaia, a town having a famous Royal Palace, Casino and Monastery, located on the side of the mountain, it wil provide you both, the joy of Orienteering, with races on the climbing streets and alleys and pedestrian passages by stairs and the pleasure of admiring the palaces and villas having a beautiful architecture.



### MD, LD & Relay Stages

At Comarnic, the sides of Gurguiata Peak will offer you an incredible diversity of the types of the Orienteering terrain. You will meet up with all you can imagine.

### All your Orienteering skills will turn to good account



The rocky terrain, with specific microrelief



Lakes and swamps



Clear forest, with microrelief details



Open areas,

with microrelief and

vegetation details



Semiopen areas, with landslides and vegetation details

# The BEST in ROMANIA



### *lonut Zinca (mapping 2017 – 2018):*

"The competition zone is incredible; it combines complex areas, where very much concentration is needed, with very fast areas, where the running speed can be high. Generally, the competition zone benefits from a rich landscape, many kinds of vegetation and not only. As a cartographer, I wish to mention that now **the map is the most difficult one in Romania**."

### Istvan Foldi (mapping 2018 – 2019):



"**The area is enviale**. Mountainous terrain with a strong look of hills shaped by landslides, specific to the hills from the South of the Carpathians of Curvature. Physically and technically demanding terrain covered by diverse vegetation; from beautiful mixed forest with good visibility and runnability to large areas of mountainous open and semi open pastures and parts of thick vegetation. The area consists of undulating slopes, offering good route choice possibilities, exchanging with very detailed and technically challenging landslide micro relief, sometimes with rocky walls cliffs or boulders."



### Didi Rosca (update mapping 2019):

"It is to be expected a high orienteering technical level and the diversity of the area as specific orienteering. Each section will delight you differently. Those who are passionate about orienteering wil have **a remarkable experience**."

# ABOUT THE PREVIOUS EDITIONS

### Romanian Cup, Comarnic, May 2018



Emil Olteanu (Master, Competitions Organizer): "The way it is organized deserves 10 points out of 10, the best I have seen in Romania"

# Carpathian Orienteering Trophy, Comarnic, May 2019



(Master, many selections in the National Romanian Team):

"The coolest race I have ever run."

### The ACCESS to the EVENT CENTER, PARKING and START- FINISH

### Sprint Stage, May, 22

The **Event Center** and the **Quarantine Area** are located in the Casino Park from Sinaia (45<sup>0</sup>.354 976; 25<sup>0</sup>.553 036).

The Parking will be on Octavian Goga Street, joined to the Park.

The Start corridor will be marked begenning from the Event Center / Quarantine Area .

### MD & LD Stages, May, 22 & 23

The **Parking** is located on the forest road Gurguiata, begenning from the point 45<sup>o</sup>.249 400, 25<sup>o</sup>.572 100. The **access** to the **Parking** will be on a marked road begenning from the National Road 1 (DN 1), in accordance with the enclosed map. From DN1 to the Parking there are a 10,5 km distance, from that the first 6 km are on an asphalted road. To cover this distance by car, it takes about 30 min.

The road bifurcation on DN1 it is at 90 km from Otopeni International Airport.

The Event Center is located in the near of the Parking.

The Start corridors will be marked begenning from the Event Center.

The **Warm Up Map & Model Event Area** comprises the area between the Event Center and the Start point of MD stage. On the map you will see the Event Center, the Start point, the Start corridor and the controls placed on specific landmarks.

### Relay Stage, May, 24

The **Parking** is located at the exit from Ghiosesti neighborhood of Comarnic, where the forest road Gurguiata starts, in the point 45<sup>o</sup>.249 600, 25<sup>o</sup>.607 500.

The **access** to the **Parking** will be on an asphalted road wich will be marked begenning from the National Road 1 (DN 1), in accordance with the enclosed map. From DN1 to the Parking there are a 5 km distance wich can be covered by car within 10 - 12 minutes.



The Event Center and the Start – Finish Area are located close to the Parking.

The access road from DN1 to the Parking and Event Center for the stages:

- **MD** & **LD** (45<sup>o</sup>.249 400; 25<sup>o</sup>.572 100; 10,5 km; auto 30 min)
- **Relay** (45<sup>0</sup>.249 600; 25<sup>0</sup>.607 500; 5 km; auto 10 -12 min)



Gabi Sabau, Website Administrator

# INFORMATION

## **<u>Competition Site</u>: https://carpatho.ro**

 ✓ Romanian Orienteering Sites : <u>www.fro.ro</u> <u>www.orienteering.ro</u>

 ✓ International Orienteering Sites : <u>https://eventor.orienteering.org/Events</u> <u>www.worldofo.com/calendar</u>

 ✓ E-mail addresses for additional information :

bn.lucian.galateanu@gmail.com horia.galateanu@laboratorccf.ro



ENTRIES

www.orienteeringonline.net

geotibi2002@yahoo.com

George Neagu, Entries, Timing and Results

Entry deadlines and entry fees

Cathegories	2019, Dec., 15	2020, May, 7
MW12,14, MW65 - MW85	15 €/ 4 stages; 5 €/ stage	20 €/ 4 stages; 7 €/ stage
MW16 – MW60	20 €/ 4 stages; 7 €/ stage	30 €/ 4 stages; 10 €/ stage

Accommodation: Hotels in Comarnic, Cornu, Breaza, Campina, Sinaia

**Accommodation Offers:** For the National Junior and Youth Teams, entered before 2019, Dec.15, the organizers will provide special offers for accommodation, the places beeing assigned in the order of requests.

**Lunch:** You can take the lunch at Event Center, at the **MD**, **LD** and **Relay** Stages, where the locals offer to you, surcharge, traditional domestic dishes.

# RUNNERS PARTICIPATE ON THEIR OWN RESPONSIBILITY