

Râmnicu-Vâlcea



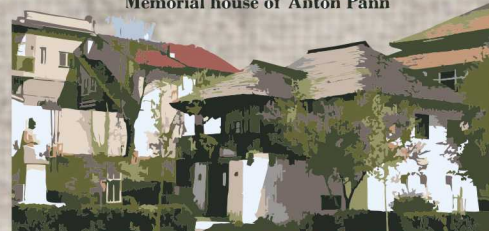
România

Bulletin 2

South East European Orienteering Championships

04-08.09.2013

Memorial house of Anton Pann



Horezu Ceramics - UNESCO Heritage



ROMANIAN ORIENTEERING FEDERATION IN CO-OPERATION WITH THE MUNICIPALITY OF RÂMNICU-VÂLCEA INVITE YOU TO 3rd SOUTH EAST EUROPEAN ORIENTEERING CHAMPIONSHIPS

Dear Orienteering Friends,

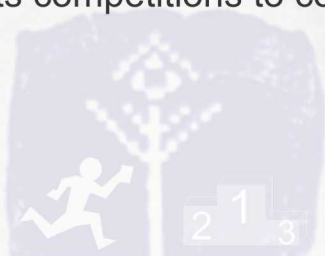
The local government of the city of Râmnicu Vâlcea has and is constantly engaged and involved in supporting all competitive events and local sports movements – whether amateur or professional, junior or senior. We are making this step with confidence, that on the one hand, the harmonious development of each citizen cannot be done in the absence of movement, on the other hand, that sport is the best ambassador of a community and also, is the most representative business card that we can show the world.

We are honored that this year's edition of the Southeast European Championships for Cadets, Youth, Juniors, Seniors and Masters, The Latin Countries Cup and National Orienteering Championships are held in Râmnicu Vâlcea, Vâlcea county, and we see this as a recognition of the value that romanian orienteers have - a sport discipline with a long tradition in our country and also an appreciation of the beauty of these places.

We are pleased that for several days you will be our guests and we hope that after this competition you will remain with beautiful memories from Râmnicu Vâlcea and Vâlcea county.

I wish much success to all the participants at these meetings and I wish you to find always the way, both in sports competitions to come, as well as in his personal life.

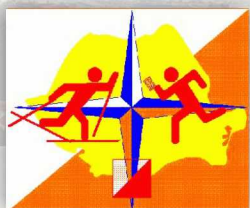
Emilian Frâncu,
Mayor of Râmnicu Vâlcea



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ORGANIZERS



Federația Română
de Orienteare

**Romanian Orienteering Federation
in co-operation with the
Municipality of Râmnicu Vâlcea.**



RÂMNICU VÂLCEA
PRIMĂRIA MUNICIPIULUI



PARTNERS

**Ministry of Youth and Sport
Vâlcea County Council**

County Youth and Sports Vâlcea

Municipality of Horezu

Sport Club EcoSport Râmnicu Vâlcea

Children's Palace Râmnicu Vâlcea

Mountain Rescue Vâlcea County Public Service



Consiliul Județean
Vâlcea



Primăria Horezu



ORGANISING COMMITTEE

Horezu Ceramics - UNESCO Heritage

President:

Constantin Alexandrescu

Technical Director:

Dionisie Rosca

Secretary:

Anca Stupu

National Controller:

Gheorghe Dinu

IOF EVENT ADVISER

Todor Pedev - Bulgaria



SEEOC
2013
RÂMNICU VÂLCEA, ROMÂNIA

I. PRELIMINARY EVENT PROGRAMME

4th September, Wednesday

Arrival, registration – Event Center

UNTIL 21:00 – Arrival, registration

14:00 – 19:00 Model event

20:00 – Team leaders meeting, Event Center

5th September, Thursday, WRE

UNTIL 12:00 – Arrival, registration

16:00 – Sprint

19:00 – SEEOC Official Opening and Prize giving ceremony Sprint

21:00 – Team leaders meeting, Event Center

6th September, Friday, WRE

10:00 – Long Distance

18:00 – Prize giving-ceremony Long Distance, Event Center

19:00 – Team leaders meeting, Event Center

20:00 – SEEOWG meeting 1st session, Event Center

7th September, Saturday, WRE

10:00 – Middle Distance

18:00 – Prize giving-ceremony Middle Distance, Event Center

19:00 – Team leaders meeting, Event Center

20:00 – SEEOWG meeting 2nd session, Event Center

8th September, Sunday

09:30 – Relay

14:30 – Prize giving and Closing ceremony

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II. CLASSES

According to SEEOC Rules:

Individual events and Relay: Men 16, 18, 20, 21. Women 16, 18, 20, 21

III. ENTRY FEE

According to SEEOC Rules, 20 EUR per competitor for all races

IV. ENTRIES

Team representatives must fill out the Preliminary entry form and send it to e-mail: seeoc2013rof@gmail.com until 01st June 2013.

Final entry form must be sent until 15th August 2013 to e-mail: seeoc2013rof@gmail.com.

V. PARTICIPATION

According to the SEEOC Rules !

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the South East European continent, can compete in SEEOC.

At the moment this Bulletin is published (January 2013), the following countries are eligible for official participation: Bulgaria, Croatia, Cyprus, Greece, Italy, Macedonia, Moldova, Montenegro, Serbia, Turkey and Romania.

Participants from a country outside the South East European region, can participate in SEEOC open events (Grand Prix Romania), but will not be eligible for South East European titles, medals or diplomas. This start will be organized as an open event, 15 minutes after last official competitor start in each class.

For official SEEOC competitions in the individual events a Federation may enter a maximum of 4 runners in each class. This does not apply for other federations outside of South East Europe who participate in WREs or the other competitions, even from South East European federations may run more than 4 competitors.

In the relay a Federation may enter one team each consisting of 3 competitors. Incomplete teams and teams with runners from more than one Federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.

VI. PUNCHING SYSTEM

SPORT ident electronic punching system will be used in all races. You can rent SI card from the organizers 3 EUR per start, 40 EUR if lost rented SI card.


Please, appoint your SI Card number in the Event Entry Form.

VII. WINNING TIME AND APPROXIMATE LENGHTS OF COURSES

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Class	Sprint	Long	Middle	Relay (each leg)
	Following winning times should be			
W16	10-12min	35-40min	15-20min	20-25min
M16	10-12min	40-45min	15-20min	20-25min
W18	10-12min	40-45min	20-25min	25-30min
M18	10-12min	45-50min	20-25min	25-30min
W20	12-15min	50-55min	20-25min	25-30min
M20	12-15min	60-70min	20-25min	25-30min
W21E	12-15min	70-80min	30-35min	30-40min
M21E	12-15min	90-100min	30-35min	30-40min

VIII. MAPS AND TERRAINS

Maps	Terrain
Sprint: Scale 1:4.000, Contour: 2,5m According to ISSOM Map Maker: Dionisie Rosca , ROU 	City and park zone.
Long distance: Scale 1:15.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU Liviu Tantar, ROU 	Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.
Middle distance: Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU 	Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Good visibility, but limited in denser areas. Medium density of paths and trails.
Relay: Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca, ROU Marian Cotirta, ROU 	Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.

IX. TRAINING POSSIBILITIES

Those willing to train, have the chance of experiencing the terrain characteristics between the 3rd and 4th of September, during the competition “Grand Prix Romania”.
More informations you can find at our website: www.seeoc2013.fro.ro

X. TRANSPORTATION

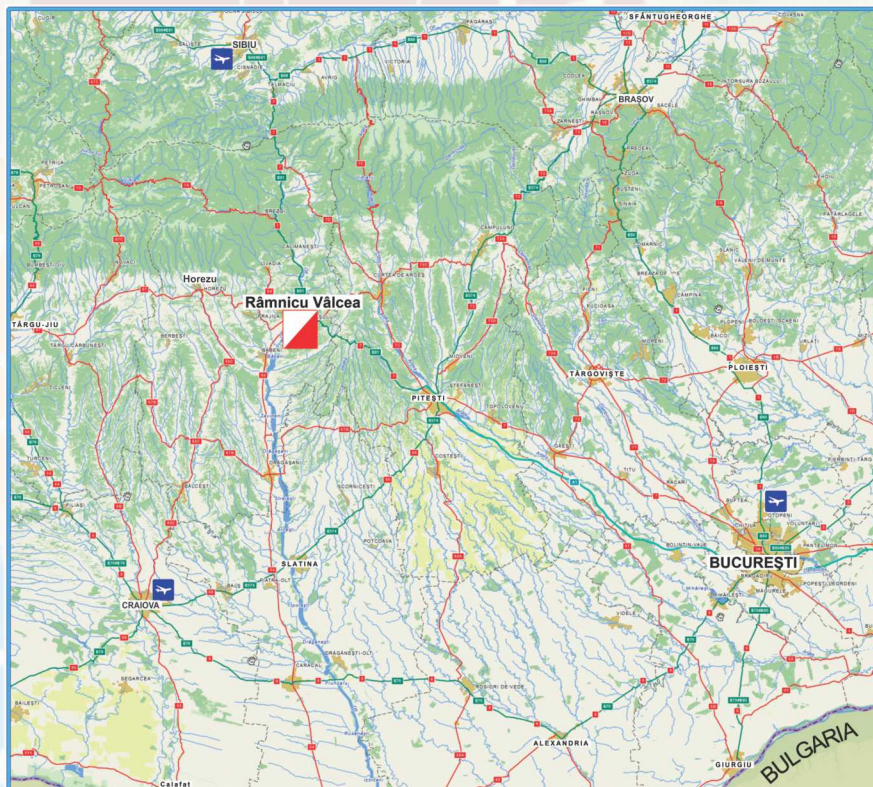
Road distances to Râmnicu-Vâlcea:
Bucharest ROU: 170km

Nearest international airports:

Bucharest, 195 km from Râmnicu Vâlcea
(<http://www.bucharestairports.ro/>
<http://www.aeroportul-otopeni.info/>)

Sibiu, 115 km from Râmnicu Vâlcea
(<http://www.sibiuairport.ro/>)

Craiova, 125 km from Râmnicu Vâlcea
(<http://www.aeroportcraiova.ro/>)



Bus:

The transfer from the airport to Râmnicu Vâlcea could be arranged also by the organizers upon request. Also cars can be rented from the airport.

Other possibilities:

There are a lot of bus companies operating from Bucharest to Râmnicu Vâlcea. It takes 2½-3 hours to Râmnicu Vâlcea.

The ticket price in 2013 is around 8 € one way.

Local transport to Events

If necessary, organizers can provide transport to the competition, with a transportation fee.

Teams can use their own transport from accommodation to the events, but at their own responsibility.

Distances from the Event Center to the competition areas are between 1-18 km.

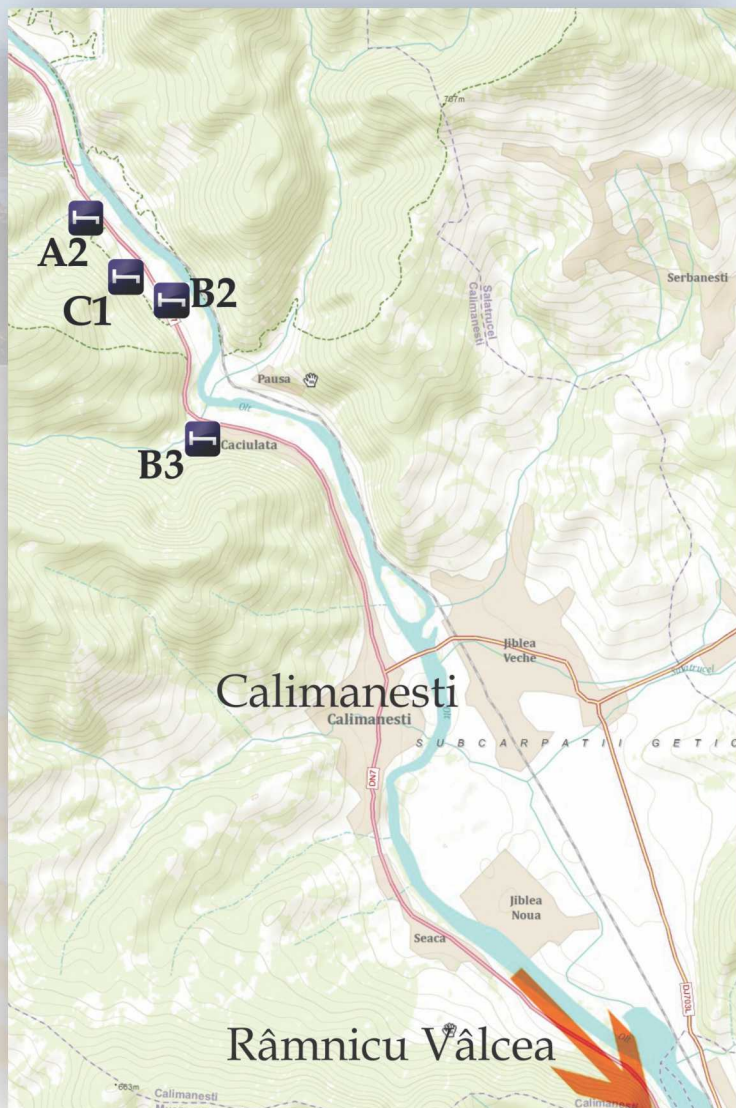
XI. ACCOMMODATION

We have tried to offer you different types of accommodation.

Please inform us as soon as possible where and how many person you want to stay **and not later than 01st June 2013!**

If we will find more others accommodation places we will announce in due time to chose the type that suits you!

TYPE		Name, address, web address	Service obtained	Price per person/day	Other remarks
A	A1	Grand Hotel Sofianu **** The only one Museum Hotel in Romania Str. Stirbei Voda, Rm. Valcea, jud. Valcea, România http://www.hotelsofianu.ro/ 1,5 km to event center	Half board (Swedish Buffet)	47€ Single Rooms - 32€ Double Rooms	Bathroom with shower, individually adjustable climate and heating, electronic room access system, safe, TV with local, national, international posts, telephone, Wi-Fi, minibar and hairdryer.
	A2	Casa Romaneasca Hotel *** www.casa-romaneasca.ro/ Calea lui Traian, Nr. 597 245601 – Calimanesti 22,0 km to event center	Half board	32€ Single Rooms - 28€ Double Rooms - 30€ Apartments	Swimming pool access Bathroom with shower color TV, minibar, Wi-Fi, air conditioner. - Apartment: Room with familial bed, living with extensible bed and 2 nd toilet
B	B1	Hotel Alutus *** http://www.hotelalutus.ro/ Str. Praporgescu, nr.10, Ramnicu-Valcea 900 m to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar Wi-Fi in Lobby TV Bathroom with shower
	B2	Hotel Complex Calimanesti Caciulata *** http://www.calimanesticaciulata.ro/ 21,2 km to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar TV Bathroom with shower Wi-Fi in Lobby
	B3	Traian Hotel** http://www.hoteltraian.webs.com/ Calea lui Traian, Nr. 559 245601 – Calimanesti 20,5 km to event center	Half board	23€ Double Rooms	TV Bathroom with shower Fridge, Wi-Fi in Lobby
C	C1	Youth Recreational Center Cozia-Calimanesti, Calimanesti-Caciulata, Calea lui Traian http://www.djstvalcea.ro/ 21,6 km to event center	Half board	17€	Rooms for 2,3,4 people. All rooms with toilets, shower
	C2	Student dormitory hostel Ramnicu-Valcea 1-1,7 km to event center	Half board	14€	Rooms for 4-6 people, shower and toilet on the corridor.



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Important Notes:

- Additionally you can obtain lunch at the event areas for a price of 5 eur/person/ day for 06-08.09.2013, and for 05.09 you can serve the lunch at the accommodation place for a price of 8€. Please if you wish to have lunch at the hotel and event area, order it at the preliminary entry form!!!
- Capacities of accommodation places are limited. Reservations will be made on basis "first come, first served"
- Prices for accommodation in single rooms are higher and available upon request and availability.
- All services started on the day of arrival with dinner, and finished with breakfast on Sunday 8th September 2013.

XII. EVENT CENTER

Municipality Râmnicu Vâlcea – County seat Vâlcea
www.vinolavalcea.ro

Sports Hall "Traian"; B-dul Nicolae Balcescu, nr 14, Râmnicu Vâlcea, Vâlcea.

GPS Coordonates: 45°6'28"N 24°22'15"E



XIII. EMBARGOED AREAS

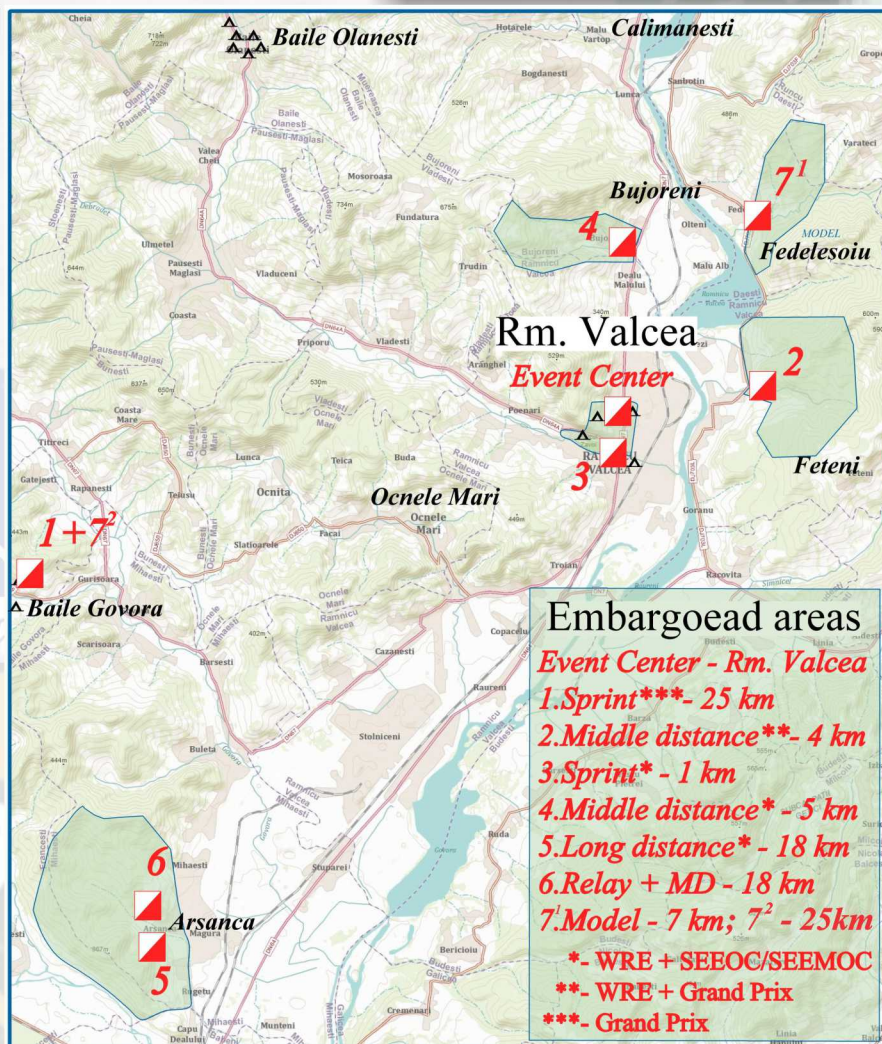
You can see the embargoed areas at this link:

www.seeoc2013.fro.ro

The city center of Râmnicu Vâlcea (Rm. Vâlcea) is embargoed but that is prohibited to train with a map and do route testing!

Any violation of entering embargo area for visiting or training shall be notified at once to the organizer:

seeoc2013rof@gmail.com



XIV. PAYMENT DETAILS

Payment for entry fees, transport, accomodation and meals at the field to be paid to the Romanian Orienteering Federation:

Account Holder: Federatia Romana de Orientare

Address: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Currency: EUR

Bank & Branch: Banca Comerciala Romana S.A. , Sector 3

Address: Bld. Regina Elisabeta, Nr. 5, Sector 3, Bucuresti

SWIFT Code: RNCB RO BU

IBAN: RO52 RNCB 0074 0292 0364 0002

Deadline for payments is 16th August 2013.

XV. VISA INFORMATION

No visa is required for the following SEEOC countries: Bulgaria, Croatia, Cyprus, Greece, Italy, Serbia, Macedonia, Montenegro – last two with biometric passport.

SEEOC countries which need visa to enter Romania are: Moldavia and Turkey.

Please check if you need a visa at www.mae.ro

All those countries which require a visa should let us know well ahead so that we may provide all necessary documents for you needed for visa.

XVI. INFORMATION, ENTRIES, ORGANISERS CONTACTS

Romanian Orienteering Federation

Contact person: Florin Tuncu

Email: info@fro.ro , seeoc2013rof@gmail.com

Adress: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Phone/Fax: +40.213.174.999

www.seeoc2013.fro.ro

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XVII. OTHER USEFUL INFORMATION

Bulletin 3 will be issued in July 2013.

Dates to remember:

01.06.2013 - Preliminary Entry Form
- Booking Hotel
15.08.2013 - Final Entry
16.08.2013 - Deadline for Payment

WELCOME TO ROMANIA!

WELCOME TO THE 3rd SOUTH EAST EUROPEAN ORIENTEERING CHAMPIONSHIPS!